
Module 9B : Identifying treatment and giving treatment before referral

Session 6 : Treat the child: Treatment with medicines at home iii) Treat high fever and anaemia

Day : 2

Time Required : 30 minutes

Objectives

At the end of the session ASHAs will be able to:

1. Treat the child with high fever at home with paracetamol
2. Treat the child with anaemia with iron/folic acid tablets

Materials and Preparation

See Checklist of Instructional Materials at beginning of sick child module . These materials will be used for sick child module.

Training Activities :

Activity - 1 : Participants read ‘Treat High Fever’ through ‘Treat Anaemia’.

Activity - 2 : Drill: Determine the dose of Paracetamol and Iron Folic Acid

Tell the participants that this drill will provide practice in determining the dose of Paracetamol in the treatment of fever and Iron in the treatment of pallor.

Materials needed for this drill :

- Learner’s guide - Consult the table which shows the dose of Paracetamol and Iron /Folic Acid according to the age of the child.
- Pencil and paper

To conduct the drill :

- a. Ask the participants to look at the table “Treat Fever with Paracetamol”, and “Treat Anaemia with Iron Folic Acid “. They should keep the tables in front of them and refer to them. Participants should not try to rely on their memory. If they rely on memory, they can make mistakes.
- b. Tell the participants that you will tell them the age of the child. In case of fever, you would also inform them about the temperature or whether the child feels hot to the touch. You will then call on the participants to state how much medicine is required. The purpose of this drill is to practice determining the dose of this drug. To keep the drill lively, encourage the participants to wait to be called on and be prepared to answer as quickly as they can.
- c. Ask if there are any questions. Provide detailed answers to all questions.
- d. Begin the drill. State the age for the first child and that she has fever. Call on a participant to tell you the dose. Encourage the participants to answer quickly. Then state the next age and the problems and call on the next participant.

- e. Praise a participant for a correct answer. If the participant gives an incorrect answer, ask the next participant to answer. If you feel that more than one participant can not answer, pause to explain. Then resume the drill.
- f. Keep the drill moving at a rapid pace. The drill ends when you are convinced that all the participants have acquired adequate skills in and are comfortable with determining the correct dose.
- g. Ask the participants to consult and mark on the case management chart the dose of paracetamol and iron for children with fever or anaemia. Also explain to them that the dose of iron folic acid tablets has been as 1 or 2 tablets because it is difficult to break these tablets in to two equal halves.

Age	Paracetamol 500 mg	Iron/Folic Acid Tablets for children
A 4-year-old with high fever	1/2	-
A 2-year-old with 99.5°F (37.5°C) temperature	-	-
A 1-year-old where mother informs you that child feels very hot	1/4	-
A 3-year-old with 104°F (40°C) temperature	1/2	-
A 2½-month-old who has high fever	1/4	-
A 4-year-old who has some pallor	-	2
A 18 months-old who has some pallor	-	1
A 3-year old who has some pallor	-	2
A 4½-year-old who has no pallor	-	-
A 6-month-old who has some pallor	-	1
A 1½-year-old with no pallor	-	-
A 2½-year-old who has severe pallor	-	Refer

Summary

- Ask a participant to explain the treatment for high fever in a child
- Ask a participant to explain the treatment for anaemia in a child

Evaluation of the session

Objectives	Assessment Method
Treat the child with fever with paracetamol	Drill
Treat the child with anaemia with iron/ folic acid tablets	Drill