
Module 10 : Injecting Vitamin K

Session 1 : Review of field experience after Training Workshop 3 (Modules 7, 8, and 9)

Day : 1

Time Required : 1 hour 30 minutes

Purpose

To give ASHAs the opportunity to discuss their experiences in the field after the last training. Focus on any births, provision of support in breastfeeding and managing hypothermia and giving a vitamin K injection.

Objective

At the end of the session the ASHA will be able to:

1. Discuss relevant events experienced during field work (attending a delivery and initiating breastfeeding, keeping baby warm, managing breastfeeding problems and hypothermia and assessing & classifying signs of sick children) working out solutions.

Materials

- ASHA's progress record of work and training in the community. (from Training Workshop 3 and earlier training workshops - if not discussed before).

Preparation

- Organise a preparatory session with field supervisors and review the ASHA's progress record of work and training in the community of each ASHA. Share and discuss the performance and problems of each ASHA. Thus, the trainer and field supervisors will be thoroughly prepared about the needs of their trainee ASHAs before the training workshop begins.
- Trainers should bring the ASHA's progress record of work and training in the community (from Training Workshop 3 and earlier training workshops if not discussed before) to use in the trainee presentation/discussion exercise.

Training Methods

Presentation/Discussion (50 minutes)

Instructions to Trainers :

1. Have trainees sit in a large circle.
2. Ask each trainee to give a 3-5 minute summary of her field practice which should include the following:(write these on the board so that the ASHAs can remember what to discuss) :
 - Number of deliveries observed.
 - Experience working with TBAs.
 - ASHAs experience in putting the baby to the breast immediately after delivery.
 - Reaction of the family to early initiation of breastfeeding, idea of exclusive breastfeeding.
 - If cards were used for counseling to deal with breastfeeding problems, what were the feelings while using the cards (at ease, difficulty, were very helpful).
 - TBA reaction to early initiation of breastfeeding.

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- Her experiences in keeping the baby warm at delivery.
 - How did she feel assessing and classifying the signs of sick children.
 - What are the reactions of the families where she observed sick children?
 - How is she feeling in providing care to all the under 5 children in the community?
 - Did she have any opportunity of observing sunken eyes, slow skin pinch, very low weight for age?
 - What were her successes?
 - Did she have any difficult or negative experiences?
 - An experience she learned from; and what she learned.
 - Any progress in becoming the 'Ideal ASHA'.
 - Any topics or skills she needs to review from previous Training Workshop.
3. As ASHAs speak:
 - Keep track of time.
 - Clarify any doubtful points.
 - Discuss any points brought up in the large group, if relevant
 - Note areas where trainees may need more practice or information.
 4. Refer to the ASHA progress book of training and work in the field to give more specific information as well as an overall view on how the ASHAs performed in the field. If someone needs additional support, discuss this with them individually after the session, and arrange for a time to help them.
 5. Summarize by writing the 'positive experiences' and the 'difficulties' on the board. They might include situations such as:
 - Positive Experiences:**
 - ASHA using communication skills and finding this helpful in gaining respect of TBA and mothers.
 - ASHA successfully managing baby with hypothermia.
 - Difficult situations:**
 - Mother-in-law not accepting early initiation of breastfeeding
 - Families not happy to give clothes to baby at birth
 - Parents not happy that ASHA is just assessing and classifying the signs of sickness and not treating the sick children.

Role Plays (35 minutes)

Instructions to Trainers :

1. Divide trainees into 4-5 groups.
2. Have each group choose a topic; if the group does not come up with many ideas, you can use the suggestions above. Each group discusses how the difficulty can be dealt with or how the positive experience can help ASHA in her work and the community. The trainees can demonstrate their findings in a role play, through a story, or by explaining their thoughts. (10 minutes)
3. Each group presents their skit or explanation followed by a short discussion. (5-10 minutes)
4. Trainer should write detail observations of the role plays. Also note down important points which need to be taken care of in future (e.g. community does not support the ASHA or TBA does not co-operate etc.).

Summary (5 minutes)

- Summarize discussion of field work including areas needing more attention, if any.
- Give feedback on how trainees performed (in general terms) during the on-site evaluation in the field.
- Praise ASHAs for their good work.

Evaluation of the session

Objective	Assessment Method	Output
Discuss relevant events experienced during the field work and work out solutions	Discussion, role plays, or stories.	Trainer's observation of the role plays