

Module 2 : Working in the Community and Home-visiting During Pregnancy

Session 1 : Working in the community

Day : 1

Time Required : 1 hour and 15 minutes

Purpose

To discuss who the ASHA will be working for (i.e., the beneficiary group) as well as identifying key persons in the community, and the importance of good communication in reaching out to these groups.

Objectives

At the end of the session the ASHA will be able to :

1. Explain who is the beneficiary group of HBNCC.
2. State at least three communication tips (use simple language, speak politely, be patient, listen, ask questions, etc.) which are useful to create a caring environment while visiting mothers in their homes.

Materials

- Worksheet 1: Model Role Play Script
- Reading Material 1: Communication Guide

Preparation

- Ensure availability of adequate copies of Reading Material, depending on the number of trainees.
- Trainers should use the Worksheet 1 while they perform the scripted role play.

Training Methods

Presentation (10 minutes)

Instructions to Trainers :

Explain simply what ASHA will be doing in the communities now, in addition to what she had been doing earlier. She will also provide care to mothers and the newborn.

Group Discussion (15 minutes)

Instructions to Trainers :

1. Gather ASHAs in a large circle.
2. Ask ASHAs who they will be working for (i.e., the beneficiary group).
3. Ask ASHAs how they can establish rapport with village women. What is the best way to explain to them her new role and get their co-operation? What communication skills should they use?
4. Encourage ASHAs to speak up and be supportive towards them.
5. Listen to their answers and then build upon them (see Content Box below).
6. Summarise the main points.

Content Box :

Basic Communication Skills

- ✓ Start with a greeting. Be friendly.
- ✓ Speak clearly, using the local language.
- ✓ Explain your new role and why you are visiting on a particular day.
- ✓ Be patient.
- ✓ Check if there are any questions.
- ✓ Listen intently to the women.

Model Role Play by Trainers (35 minutes)

Instructions to Trainers :

1. Ask the ASHAs to refer to Reading Material 1: Communication Guide.
2. Before starting the role play, ask ASHAs to review the Communication Guide. They should read each point out aloud. Discuss and clarify doubts, if any.
3. During the role play, ask them to refer to the first part of the guide.
4. After the role play, ask ASHAs for feedback. Was anything left out? What could have been better? What were the good points?

Summary (5 minutes)

- Ask ASHAs who they will be working for (i.e., the beneficiary group).
- Ask one of them to explain how ASHAs should talk to the women in the community during home visits.
- Make corrections if any are required, and add missed information.
- Praise the ASHAs for their good work.

Evaluation of the session (10 minutes)

Objectives	Assessment Method	Output
Explain who is the beneficiary group of HBNCC	Group discussion. Question and answers	--
State at least three communication tips useful while visiting mothers in their homes.	Ask each ASHA to write the list of communication skills on a piece of paper and collect the papers for evaluation	The score of each ASHA on the list of communication skills. Give 2 points for each skill. Total points 12. Collect the lists for record