

Answers to Case Situations

1. A baby is born at 7 months; she weighs 1.6 kg. You are attending the birth.
 - a) What do you say about the baby's gestation and weight?
Baby is preterm and is low birth weight.
 - b) What preparation would you do before the baby is born?
Warm the room because you realize the baby is preterm and may need help.
 - c) What would you do in the first 30 minutes for the baby?
 - 1) *Dry immediately.*
 - 2) *Wrap in dry towel and place close to mother or place skin to skin and then cover.*
 - 3) *Try to initiate breastfeeding.*
 - 4) *Explain the skin to skin contact method to the mother.*
 - d) Explain the skin to skin contact method and why it is advised for small babies:
Method to keep the baby warm and to make sure baby feeds frequently. Baby is placed upright between breasts and kept skin-to skin with mother and covered with a shawl. Baby stays in this position as long as possible.
2. A baby is born at 8 months and 17 days and weighs 1.8 kg. After delivery, you dry and wrap the baby and help the mother to breastfeed. You conduct the exam at 1 hour. The baby is doing well. He is feeding well and his temperature is normal. What would you tell the mother before you leave for home?
 - a) *Keep baby warm by keeping close to the body; try skin to skin contact care. If not feasible, keep the newborn in warm bag, with hat on its head.*
 - b) *Feed often: every 2 hours.*
 - c) *Tell her you will come the next day for the Day 2 visit.*