

High-Risk Baby : Information sheet for parents (for the parents of high-risk babies)

Your baby is high risk. High-risk babies get sick more easily and can even die more often than healthy babies. Because of this it is very important to pay special attention and care to high-risk babies.

Your ASHA is trained to manage high risk babies. She is equipped with necessary knowledge and equipment to take care of these problems. Hence, please listen to her and help her to serve you better.

The following care of high-risk babies at birth can save their lives:

1. Do not keep the baby naked. Put on cotton clothes from the very first day. In winter cover baby with blanket or sleeping bag. If baby remains naked, his/her body temperature lowers and the baby becomes cold. This might prove to be fatal.
2. Don't give a bath to babies until their weight is above 2000 grams.
3. Mother should cut her nails, and should wash her hands before every breastfeeding.
4. After returning from toilet, all family members must wash their hands with soap before touching the baby.
5. High-risk babies should be breastfed after every two hours.
6. If baby is not suckling breast milk, squeeze the breast milk in a small bowl and then feed the baby with a spoon.
7. The weight of high-risk babies should improve every week from second week, if it is not so, immediately consult the ASHA.

Immediately call the ASHA if baby develops any of the following danger signals :

- All limbs become limp
- Stops feeding
- Has chest in-drawing
- Has fever
- Is cold to touch



Baby stops feeding



Chest in-drawing