

Assessment Answers for Trainers

1. High risk or not? Underline “Yes” or “No”

(2 points each : total 20 points)

	“Yes”	or	“No”
Baby Lallesari is 2.1 kg at birth	<u>Yes</u>	or	No
Baby Ramdin : 8 months 20 days gestation, 2.6 kg	Yes	or	<u>No</u>
Baby Samarati : trouble breastfeeding Day 1	<u>Yes</u>	or	No
Baby Nivrutta : 1.8 kg birth weight	<u>Yes</u>	or	No
Baby Deola : 8 months 4 days gestation; first day baby has trouble feeding	<u>Yes</u>	or	No
Baby Jaywanta : 2.3 kg 8 months 24 days gestation	Yes	or	<u>No</u>
Baby Dudhram : 2.8 kg 9 months 4 days gestation	Yes	or	<u>No</u>
Baby Harini : 2.2 kg 8 months 24 days gestation	Yes	or	<u>No</u>
Baby Lalu : 2.5 kg 9 months 5 days	Yes	or	<u>No</u>
Baby Kevalram : 1.7 kg	<u>Yes</u>	or	No

2. What is considered low birth weight? Less than 2 Kilos 500 grams (2500 grams) (5 points)

What is considered preterm? Less than 8 months 14 days gestation (5 points)

3. What does the ASHA have to do if the baby is high risk? Give at least 3 things. (30 points)

- Visit the home 13 times in first month.
- Give High-Risk handout to parents.
- Explain home care of the high-risk newborn to parents including danger signs:
 - All limbs limp
 - Stops feeding
 - Has chest indrawing
 - Mother feels baby is cold to touch
- If needed, provide special care such as help breastfeeding, keeping baby warm, re-warming, etc.

4. What is the care advice for the high-risk baby? Write at least 4 things. (40 points)

- Dry baby immediately, place near mother in skin to skin contact, if very small, or in the warm bag with a hat on, and held close to you.
- Feed baby often; every 2 hours.
- Keep baby warm; keep close to mother as long as possible.
- Delay bath until weight of the baby is more than 2,000 grams.
- Wash hands often.
- Know danger signs, and seek help immediately:
 - All limbs limp
 - Stops feeding
 - Has chest indrawing
 - Mother feels baby is cold to touch