

Module 2 : Working in the Community and Home-visiting During Pregnancy

Session 3 : Preparing the 'List of women who are eligible to become pregnant'

Day : 1

Time Required : 1 hour

Purpose

To instruct ASHAs how to correctly prepare a complete list of all women in the village who are eligible to become pregnant

Objective

At the end of the session the ASHA will be able to:

1. Correctly complete the 'List of all women in the village who are eligible to become pregnant' in the record sheet.

Materials

- Worksheet 1 : List of all women in the village who are eligible to become pregnant.
- Worksheet 2 : List of women who are not included in the list

Preparation

- Ensure availability of adequate copies of Worksheet 1 and 2, depending on the number of trainees.

Training Methods

Presentation and Demonstration (15 minutes)

Instructions to Trainers :

1. Define 'women who are eligible to become pregnant':
 - Married women between the time they start their menses until they stop due to age (menopause) are 'eligible to become pregnant'.
 - If any woman or her husband has been operated upon (sterilized), she should not be included in the list since she cannot now become pregnant.
 - Women who are widowed, separated, or unmarried are not to be included in the list.
 - If an unmarried woman is obviously pregnant, her name will not be included in the 'List of women who are eligible to become pregnant'¹ but instead, if she is willing, will be included in the 'List of pregnant women'.
2. Explain that ASHAs should not include in this list the name of any woman who is only visiting the village from outside, even if she satisfies the above criteria.

¹ An unmarried pregnant woman will not be included in the 'List of all women who are eligible to become pregnant' due to cultural considerations in rural India. She should however be included in the 'List of pregnant women' and if she is willing, she should also receive HBNCC services.

3. Go through each question in the record sheet and explain how to fill it. Trainees will follow along by reviewing the practice sheet. During the first visit, the column 'subsequent changes' is to be left blank. Information in this column (e.g. woman underwent tubectomy) is to be recorded during the subsequent two monthly visits.
4. Check if there are any questions and clarify doubts.

Practice (40 minutes)

Instructions to Trainers :

1. Distribute the Worksheet 1 and Worksheet 2 to all the trainees
2. Have each trainee interview at least 6 other trainees. Ask the 7 questions given on the Worksheet 1 to all the 6 trainees.
3. ASHAs should record on the practice sheet, the names and ages of the women eligible to become pregnant and the date of recording the name.
4. On the Worksheet 2 write the names of those women who were interviewed but not included in the list. Choose the reason of non inclusion, from the list of reasons given on the Worksheet 2. If any other reason is provided mention it.
5. Trainers should circulate in the room and assist as needed.
6. At the end of the practice, check if there are any questions or comments.
7. Read out the correct answers for the Worksheet 2. Explain the reasons. Ask each ASHA to mark her answers either correct or wrong - without changing the original answers.

Summary (5 minutes)

- Ask a trainee to define a 'woman who is eligible to become pregnant'.
- Ask trainees to list information they will collect from women for the record: 'List of the women in the village who are eligible to become pregnant'
- Make corrections, if any, and add missed information.
- Praise the ASHAs for their good work.

Evaluation of the session (during session)

Objective	Assessment Method	Output
Complete the 'List of all women in the village who are eligible to become pregnant'	Lists prepared by the ASHAs in Worksheet 1. Lists prepared by the ASHAs in worksheet 2 and the reasons given.	The scored Worksheets 1 and 2