

Assessment Paper

Total score : 60 (Passing Score:30)

Time : 1 Hr 30 Min

Encircle the correct answer

- 1) What should be applied to the umbilical cord of the newborn
 - a. Tetracycline ointment
 - b. G.V. paint
 - c. Oil
 - d. Apply nothing, keep clean and dry
- 2) Which of the following can cause danger to the life of mother and baby at delivery?
 - a. Mother has night blindness during pregnancy
 - b. Mother takes full meals during pregnancy
 - c. Mother has bleeding during pregnancy
 - d. Mother consumes iron folic tablets during pregnancy
- 3) Which of the following babies is high risk?
 - a. Baby has difficulty feeding on first day
 - b. Baby has fever - 100° F (37.8° C)
 - c. Birth weight of baby is 2 kg. 500 gms.
 - d. Weight of baby on 28th day is 2 kg. 500 gms.
- 4) How many times are you expected to visit a high risk baby in the first month?
 - a. Visit daily
 - b. 13 times
 - c. 17 times
 - d. Visit on days 2, 5, 7, 15, 28
- 5) On which days the baby should be weighed?
 - a. Day 1, 15 and 28
 - b. On the 1st day and then on day 7, 15, 28 and 42
 - c. Every 15 days
 - d. On the 1st day and then on 28th day
- 6) When do you treat a baby with cotrimoxazole?
 - a. If baby has jaundice
 - b. If baby has red eyes
 - c. Baby has chest in-drawing
 - d. Baby's cry is forceful

Name of the ASHA : _____

Date : _____

Name of the trainer : _____

Total score : _____

Block : _____

- 7) If the baby has red and cracked skin in the groin which of the following is incorrect action ?
 - a. Apply tetracycline ointment
 - b. Apply G.V. paint
 - c. Keep the skin clean and dry
 - d. Dusting with talcum powder
- 8) What is the benefit of giving injection vitamin K?
 - a. Baby does not get sepsis infection
 - b. Blood is fortified and liver is strengthened
 - c. Baby does not get fever
 - d. Baby does not have increased respiratory rate
- 9) What should be done if mother has swelling over hands and face?
 - a. It is common to have swelling during pregnancy so neglect it
 - b. Mother looks nice so compliment her
 - c. Ask her not to move out as she may catch an evil eye
 - d. This is dangerous so refer mother to hospital immediately
- 10) What should be the first step if a baby has fever during summer?
 - a. Refer baby to hospital
 - b. Try to cool the room by hanging wet towels and bedsheets and sponge the baby with cold water
 - c. Give cotrimoxazole
 - d. Give injection vitamin k
- 11) Which babies at birth need clearing of secretions from mouth for opening the airway?
 - a. All preterm babies
 - b. All newborn babies
 - c. Babies born in winter
 - d. Those babies who do not cry at birth even after drying.
- 12) Which is the right method of resuscitating a baby?
 - a. Massage the chest of a baby
 - b. Wrap the baby in cloth
 - c. Give injection
 - d. Use mucus extractor
- 13) When should a newborn be given the first feed?
 - a. Immediately after birth
 - b. 2 hours after birth
 - c. After the mother has a sound sleep and meal
 - d. 3 days after birth
- 14) What is the management for engorged breasts?
 - a. Stop breastfeeding the baby
 - b. Give medicine to mother so that she can have sound sleep
 - c. Tightly wrap the breasts
 - d. Feed the baby frequently or express milk from breasts

- 15) What care should the mother take to avoid cracked nipples?
- Do not take bath daily
 - Ensure that the baby will not suckle on the nipple
 - Have full meals
 - Drink lot of water
- 16) What should be given to baby along with breast milk right from birth?
- Continue feeding water
 - Give rice and dal
 - Nothing else should be given. Give exclusive breastfeeding.
 - Give jaggery water
- 17) What step should be taken immediately after birth to prevent baby from becoming cold ?
- Do not breastfeed the baby for at least 6 hours after birth
 - Do not give the baby to the mother
 - Immediately after birth dry the baby and wrap the baby
 - Immediately after birth feed jaggery water to the baby
- 18) For measuring temperature of newborn where should the thermometer be kept ?
- Mouth
 - Axilla
 - Rectum
 - Avoid measuring temperature with thermometer
- 19) How do you know that the baby is asphyxiated?
- Weight of baby is less
 - Weight of mother is less
 - Baby does not cry or breathe at birth
 - Baby stops feeding
- 20) Which of the following is not a criteria for diagnosing sepsis?
- Mother says baby is cold to touch
 - Baby has red rash
 - Distended abdomen or frequent vomiting
 - Pus on umbilicus
- 21) Which medicine is given to the baby if baby has sepsis?
- Cotrimoxazole
 - Paracetamol
 - Tetracycline
 - Injection vitamin K
- 22) What do you do if a low birth weight baby is unable to suckle breasts?
- Feed the baby by bottle
 - Stop feeding the baby
 - Express mother's milk and try to feed by paladaya
 - Call a TBA

- 23) For which of the following will you refer a pregnant woman to the ANM?
- a. For filling the Pregnancy form
 - b. To ensure that the woman calls the ANM to conduct delivery
 - c. For taking TT injection
 - d. So that the ANM feels good
- 24) What will you do if baby has pus on umbilicus?
- a. Keep the umbilicus covered
 - b. Apply warm oil
 - c. Apply G.V. paint and watch for another sign of sepsis
 - d. Apply talcum powder
- 25) When will you say that the labour is prolonged in a primi mother?
- a. If labour continues for 10 hours
 - b. If labour continues for 12 hours
 - c. If labour continues for 24 hours
 - d. If labour continues for 7 hours
- 26) If you are present at the time of delivery when will you conduct the first examination of the newborn?
- a. Within 1 hour
 - b. After 1 hour but within 6 hours
 - c. On the 2nd day
 - d. After birth, immediately after baby is dried
- 27) For which one of the following a baby needs emergency referral?
- a. Immunization of baby
 - b. Baby has cold
 - c. Baby has cracked skin in the folds of thigh
 - d. Baby does not respond to sepsis management for 24 hours
- 28) Which one of the following should be included in the list of women eligible to become pregnant
- a. A woman whose monthly periods have stopped
 - b. A woman whose husband is operated upon for family planning
 - c. 30 year old widow remarries
 - d. A woman from other village comes to your village for delivery
- 29) Select one of the following in your village, as one who needs health care the most.
- a. A young girl in school
 - b. The village sarpanch / mukhia
 - c. Newborn baby
 - d. Old grandfather
- 30) Can the trained village workers (like you) successfully reduce newborn and child deaths in the village? Yes / No

Write answer for each of the following

1. For each of the following deliveries write whether it is abortion, preterm or full term?
 - a. Mother has completed 9 months of gestation _____
 - b. Mother has completed 5 months of gestation _____
 - c. Mother has completed 8 months and 4 days of gestation _____
2. Categorise the babies with following temperature as normal or hypothermia or fever . Encircle the correct answer.
 - a. 97.2° F(36.2° C) Normal / Hypothermia / Fever
 - b. 93.8° F(34.3° C) Normal / Hypothermia / Fever
 - c. 99.6° F(37.6° C) Normal / Hypothermia / Fever
 - d. 98.0° F(36.7° C) Normal / Hypothermia / Fever
3. Categorise following babies into Normal / Low birth weight / High risk + low birth weight
 - a. Birth weight of baby is 2 kg. 300 gms. _____
 - b. Birth weight of baby is 2 kg. 100 gms. _____
 - c. Birth weight of baby is 1 kg. 600 gms. _____
4. Classify the following practices as right or wrong?
 - a. Touching the injection needle with finger
 - b. Cleaning the injection site with cotton soaked in spirit
 - c. Removing the air bubble from syringe

5. For each of the following LMPs write EDD and Preterm cut off date

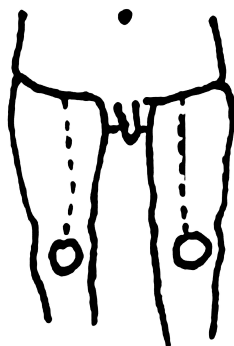
LMP	EDD	Preterm cut off date
11 October 2006		
7 December 2005		

6. For each of the following birth time write what will be the time at 30 seconds and 5 minutes after birth.

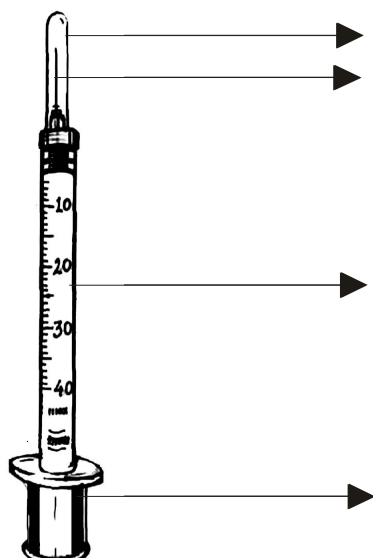
Birth time	Time at 30 seconds after birth time	Time at 5 minutes after birth time
10:20:15		
11:12:13		

7. Write for each of the following questions whether it is close ended, open ended, probing or leading question.
 - a. What is the age of your child?
 - b. Can you tell me more about your diet?
 - c. Don't you think that you should not feed baby during illness?
 - d. What do you eat during pregnancy? _____
8. Which type of questions should be avoided while talking to parents?

9. Mark with 'X' the correct site of injection on both sides in the following diagram



10. Extend the arrows to connect the various parts of the syringe with the names on the right hand side



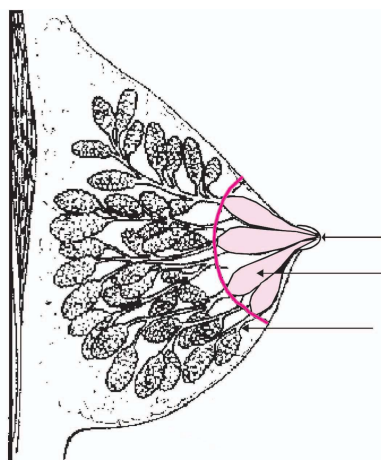
Cap of piston

Barrel

Cap of needle

Needle

11. Extend the arrows to connect the various parts of the breast with the names on the right hand side



Milk reservoir

Duct

Nipple