

Answers to : Assessment Paper Maximum score 60. Passing score 30 (50%)

Time : 1 1/2 Hour

All questions are compulsory (Score 1 for each correct answer)

Q 1. Leela belongs to your village. She is pregnant for the first time. You visit her house.

a. Will you write her name in the list of women who are eligible to become pregnant? **Yes / No**

b. Will you write her name in the list of pregnant women? **Yes / No**

Q 2 . A baby was born on November 7th 2005. You were present at the delivery. The TBA cut the cord and tied it. The next day when you visited you observed that the cord was bleeding. What will you do? Encircle the correct answer.

a. Apply G.V. paint to the cord

b. Scold the mother for negligence

c. Refer the baby to hospital

d. Retie the cord properly

Q 3. What steps do you do within the first 15 minutes after the baby is born? (mark any 3)

a. Weigh the baby

b. Start Breastfeeding

c. Dry and wrap the baby

d. Give injection vitamin K

e. Observe for breath and cry.

f. Give health education

Q 4. For the following determine if the problem warrants emergency or non emergency referral during pregnancy. Encircle the correct answer.

Problem	Referral
a. Night blindness	Emergency / Non emergency
b. Vaginal bleeding	Emergency / Non emergency
c. Swelling on face	Emergency / Non emergency
d. Fits	Emergency / Non emergency

Q 5. Rasheeda gave birth to a baby girl in winter. The TBA delivered the baby and was waiting for the placenta to come out. The ASHA was not present at delivery.

The placenta came out after 25 minutes. Afterwards TBA cleaned the baby and gave it to the mother-in-law. Mother-in-law was happy and took the baby out of the room to show to the father. All family members were happy to see the new arrival.

The baby was placed near the mother who was fast asleep by then. The baby also slept. When the mother woke up the baby was cold to the touch. The mother tried to feed the baby but the baby could not suckle. The temperature of baby was 93° F (33.9° C).

- a. Did baby have hypothermia? **Yes / No**
- b. Encircle three possible causes of the baby's low temperature.
- **Born in winter**
 - **Baby not breastfed immediately**
 - Baby was a girl
 - **ASHA not present at delivery**
 - Rasheeda did not deliver at mother's place
- c. Encircle one action that could have prevented the problem
- Delivery in summer
 - Pulling cord to deliver placenta
 - **Drying and wrapping baby immediately**
- d. Encircle three steps to re-warm this baby
- **Keep skin to skin with mother**
 - ASHA attends delivery
 - **Warm the room**
 - Refer to hospital immediately
 - Give injection vitamin K
 - Give one dose of cotrimoxazole
 - **Feed the baby**
- e. Encircle the normal temperature range for newborns
- 97°F - 99° F
 - 96.4 °F - 100° F
 - **97°F - 98.6° F**

Q 6. Shantabai is in labour with her second child. You are called by the family when she goes into labour. The bag of waters breaks spontaneously and the fluid is clear. The baby is born within 8 hours.

- a. Is Shantabai at a higher risk than normal of having an asphyxiated baby? **Yes / No**
- b. Which 2 of the following things will you keep ready at the time of delivery? Encircle correct answers.
- Sepsis diagnosis form
 - **Cloths for drying and wrapping the baby**
 - Tin of milk powder
 - **Mucus extractor**
 - Honey and jaggery
 - Cotrimoxazole

- c. When Shantabai gave birth, the baby had a weak cry and was gasping. What do you do?

Encircle the 2 correct answers

- Express milk to feed the baby
- **Dry and cover the baby**
- **Use mucus extractor**
- Manage hypothermia
- Measure temperature
- Give gentamicin injection

- d. When you started the management for asphyxia, the baby cried. What do you do then?
Encircle two answers.

- Use bag and mask
- **Keep the baby warm**
- Provide health education to mother
- Fill hypothermia management form
- Ask mother to take iron folic tablet
- **Initiate breastfeeding**

Q 7. A baby was born to Radha when she completed 9 months and 3 days of gestation. Baby's birth weight was 2 Kg. 300 grams. Baby was fine at birth but on the 3rd day she stopped suckling and the mother said baby is cold to touch.

- a. What is baby's problem ? Encircle correct answer.

- Preterm
- Pneumonia
- **Sepsis**

- b. What are the criteria for your diagnosis? Encircle 2 correct answers.

- Distended abdomen
- Vomitting
- **Mother said baby is cold to touch**
- Pus on umbilicus
- Low birth weight
- **Baby stopped suckling**

- c. What medicine do you give?

- Paracetamol
- Aspirin
- **Cotrimoxazole**

Q 8. Match the following

- | | |
|---|----------------------------------|
| 1. Mother has engorged breasts | Give cotrimoxazole |
| 2. Baby has chest in-drawing | Only to newborn babies |
| 3. Temperature of baby is 93.2°F | Use mucus extractor |
| 4. Give vitamin K injection | Treat with tetracycline ointment |
| 5. Baby does not cry or breath at birth | Baby has hypothermia |
| 6. Baby eyes are swollen and red | Express the breast milk |

Q 9. Fill in the blanks with suitable words

- a. If the baby's birth weight is 2100 grams the baby is called **low birth weight**
- b. If the baby has weak or no cry at birth the baby is **asphyxiated**
- c. You visit the **high risk** baby 13 times in the first month

Q 10. Encircle true or false

- a. Mother can get cracked nipples if the baby suckles on areola. True / **False**
- b. Skin to skin contact method is used for high risk babies. **True** / False

Q 11. For the all following LMPs write EDD and Preterm cut off date

LMP	EDD	Preterm cut off date
11 October 2006	18 July 2007	25 June 2007
7 December 2005	13 September 2006	21 August 2006
5 February 2006	12 November 2006	20 October 2006
31 January 2004	7 November 2004	15 October 2004
3 March 2003	8 December 2003	15 November 2003

Q 12. For each of the following time in watch write what will be the time at 30 seconds and 5 minutes after birth.

Birth time	Time at 30 seconds after birth time	Time at 5 minutes after birth time
10:20:15	10:20:45	10:25:15
11:12:13	11:12:43	11:17:13
09:05:50	09:06:20	09:10:50
12:30:45	12:31:15	12:35:45
08:10:17	08:10:47	08:15:17

Q 13. Select one of the following in your village, as one who needs health care the most.

- a. A young girl in school
- b. The village sarpanch / mukhia
- c. **Newborn baby**
- d. Old grandfather

Q 14. Can the trained village workers (like you) successfully reduce newborn and child deaths in the village? **Yes** / No

Q 15. Whether the following signs suggest serious illness in baby ? (Encircle 'Yes' or 'No')

- | | |
|--|-----------------|
| ● Baby has all limbs loose | Yes / No |
| ● Baby has a cold | Yes / No |
| ● Baby cries for milk twice during night | Yes / No |
| ● Baby's cry is weak | Yes / No |
| ● Baby has fits | Yes / No |
| ● Baby burps after feeding | Yes / No |
| ● Baby stops feeding | Yes / No |