



Skills Checklist : Injecting Gentamicin

		Number of times practiced						
		1	2	3	4	5	6	7
1.	Take out the vial, syringe, spirit bottle. Wash hands with soap as per the hand-washing checklist.							
2.	Prepare 4 cotton balls and soak them with spirit.							
3.	Take 1 st cotton ball with spirit and wipe your hands. Keep it aside							
4.	Make the child lie down and expose its thigh; choose the injection site.							
5.	Take the 2 nd cotton ball with spirit and wipe the injection site starting in centre and moving out with circular movement. Keep it aside							
6.	Take 3 rd cotton ball, soaked with spirit, and clean the top of vial.							
7.	Remove the syringe from plastic package, check the syringe for seals and remove first the barrel cap and then the needle cap.							
8.	Pull the white plunger back upto the mark of the required dose of gentamicin, so that the air comes into the syringe upto that mark.							
9.	Push the needle into the vial through the rubber top and press the plunger to push air into the vial.							
10.	Lift and invert the syringe and vial. Make sure the needle tip is inside the liquid. Pull back the plunger so that the medicine fills syringe a little more than the required dose mark.							
11.	Withdraw the needle from the vial and then, with the needle facing upwards, flick the syringe so that the air bubble comes to the top.							
12.	Push the plunger a little to expel the air bubble and any extra medicine. The black ring at the tip of the plunger in the syringe should be pushed upto the mark of the required dose. Now the syringe contains the exact amount of the required dose of gentamicin.							
13.	Hold the syringe in one hand.							
14.	Take 4 th cotton ball with spirit and wipe the same injection site with circular movement. Save this cotton ball.							
15.	Stretch the skin on the either side of the injection site. Push the needle completely straight into the thigh (perpendicular to the skin).							
16.	Press the plunger fully to completely inject the medicine.							
17.	Withdraw the needle straight out and release the skin. Wipe the skin with the 4 th cotton ball with spirit.							
18.	Check whether there is any blood oozing out. If yes, press the cotton ball against the skin for 3-4 minutes.							
19.	Place the needle and syringe in plastic box, & the empty vials in another box to carry it home for depositing in the storage box.							
20.	Put the 4 used cotton balls in a separate box to carry home for storing the injection waste properly and get it destroyed as you have earlier studied.							