

**Assessment Paper** (Maximum score 60 Passing score 30 (50%), Time 1Hour 30 Min)**All questions are compulsory** (Score 1 for each correct answer)

Q 1. Sheela a woman of village Amgaon is 4 months pregnant. She has come to visit her parents. She will be in the village for 2 months. You visit her mother's house when you are preparing the list of pregnant women.

- a. Will you write the name of Sheela in the list of pregnant women? Yes / No
- b. Will you write her name in the list of women eligible to become pregnant? Yes / No

Q 2. Baby Ram was born on December 10<sup>th</sup> 2006. You were present at the delivery. The next day you visited the mother and baby. On examination of the baby you observed that haldi and oil was applied on the cord. What care for the cord is suggested by you? Encircle two correct answers.

- Keep the cord covered
- Apply dettol
- Keep the cord clean and dry
- Tightly tie cloth on cord
- Apply talcum powder
- Do not apply anything on cord

Q 3. If you are present at the time of delivery what do you do within one hour if a normal baby is born?

- Initiate breastfeeding
- Give bath to baby
- Treat baby with cotrimoxazole
- Dry the baby
- Wrap the baby
- Give health education to mother

Q 4. Determine for each of the following whether the problem warrants emergency or non emergency referral. Encircle correct answer.

| Problem                    | Referral                  |
|----------------------------|---------------------------|
| a. Blurred vision          | Non Emergency / Emergency |
| b. Bad obstetrical history | Non Emergency / Emergency |
| c. Multiple pregnancy      | Non Emergency / Emergency |
| d. Loss of foetal movement | Non Emergency / Emergency |

Name of the ASHA : \_\_\_\_\_

Date : \_\_\_\_\_

Name of the trainer : \_\_\_\_\_

Total score : \_\_\_\_\_

Block : \_\_\_\_\_

- Q 5. For each example below determine whether it is abortion, still birth or neonatal death. Encircle correct answer
- a. A baby was born to Kanta after completion of 6 months of gestation. The baby had no cry, no movements and was not breathing.  
Abortion / Still birth / Neonatal death.
- b. A baby was born when his mother had completed 8 months 10 days of gestation. The baby was breathing weakly at birth. It remained like that for one day. On the second day the baby died.  
Abortion / Still birth / Neonatal death.
- Q 6. Shanta delivered her second baby in the month of January in the morning. ASHA examined the baby after 1 hour. The baby weighted 2 Kg. 600 grams. How can you describe the baby? Encircle two correct answers from the following.
- Baby is not low birth weight as weight is more than 2 kg 500 grams
  - Baby is preterm
  - Baby is normal
  - Baby is high nrisk
- Q 7. How will you help the mother in solving the following problems? (encircle 2 steps for each)
- a. Mother feels she has less milk
- Stop feeding the baby
  - Feed the baby frequently
  - Refer the baby to hospital
  - Provide support to the mother
- b. Baby is high risk and unable to suckle
- Start feeding supplementary diet
  - Ask mother to keep the baby skin to skin
  - Express milk and feed with paladay
  - Start feeding formula feed
- Q 8. What will you do if you observe the following? (Encircle 1 correct step for each)
- a. Baby has cracks in skinfold of thigh
- Apply G. V. paint
  - Apply tetracycline ointment
  - Refer baby to hospital
- b. Baby has pus in both the eyes
- Treat with cotrimoxazole
  - Apply tetracycline ointment
  - Give paracetamol
- c. Mother does not take full meals during pregnancy.
- It is not necessary to take full meals
  - Give health education to mother
  - Refer mother to hospital
- d. Mother is feeding water to baby
- Praise mother for doing so
  - Stop breastfeeding the baby
  - Advice mother not to do so

Q 9. Chanda gave birth to a baby boy in rainy season. The TBA delivered the baby and was waiting for the placenta to come out. The ASHA was not present at delivery.

The placenta came out after 30 minutes. Around that time ASHA arrived. She dried and wrapped the baby. She placed the baby near mother for breastfeeding. Grandmother was very happy to see the baby boy. So she asked Chanda to wait and took the baby out of the room to show to the father. All family members were happy to see the new arrival.

The baby was then placed near the mother who was fast asleep by then. The baby also slept. When the mother woke up the baby was cold to the touch. The temperature of baby was 93° F (33.9° C). Mother tried to feed the baby but the baby could not suckle.

- a. Was the baby cold? Yes / No
- b. What are three possible causes of the baby's temperature.
  - Birth in rainy season
  - Chanda did not deliver in mother's place
  - Breast feeding not initiated immediately
  - Family was happy
  - Father was happy
  - Mother slept before feeding baby
- c. What immediate action could have prevented the baby from becoming cold?
  - Immediate breastfeeding
  - Giving bath to baby
  - Feeding water to baby
- d. Mention two steps to re-warm the baby
  - Place baby skin to skin with mother
  - Bathe the baby
  - Refer baby to hospital
  - Increase room temperature
- e. Encircle two correct actions ASHA had taken
  - Placed baby skin to skin with mother
  - Dried the baby
  - Wrapped the baby
  - Fed jaggery water to baby

Q 10. Champabai is in labour with her first child. The family calls you when she goes into labour. The bag of waters break spontaneously and the fluid is thick yellow. The baby is born by normal delivery.

- a. Is Champabai at a higher risk than normal of having an asphyxiated baby? Yes / No
- b. What action will you take as soon as the head of the baby is seen? Encircle one correct answer
  - Use mucus extractor
  - Clean the mouth cavity of baby with gauze piece
  - Wrap the baby
- c. When Champabai gave birth, the baby had no cry and breath. What do you do? Encircle two correct answers
  - Initiate breastfeeding
  - Give vitamin 'K' injection
  - Use mucus extractor
  - Dry and cover the baby
  - Give health education to mother

Q 11. Baby Shyamli was born to Shyama when she completed 9 months and 5 days of gestation. Shyamli's birth weight was 2 Kg. 100 grams. Shyamli was fine at birth but on the 5<sup>th</sup> day she stopped suckling and the mother said baby is cold to touch.

a. What is Shyamli's problem ? Encircle one answer

- Sepsis
- Asphyxia

b. What are the criteria for your diagnosis? Encircle two answers

- Birth weight of baby 2 Kg. 100 grams
- Stopped suckling
- Cold to touch
- Low birth weight

c. For how many days will you treat Shyamli? Encircle one answer

- 10 days
- 7 days

d. How many times a day cotrimoxazole is given? Encircle one answer

- 2 times a day
- Once a day

Q 12. Match the following

- |                                      |                                   |
|--------------------------------------|-----------------------------------|
| 1. If baby has pus on umbilicus      | Baby may get asphyxiated          |
| 2. If baby has pus in eyes           | Apply G. V. paint                 |
| 3. Early initiation of breastfeeding | Immediately after birth           |
| 4. Prolonged labour                  | Helps in contracting uterus       |
| 5. Dry the baby                      | Put tetracycline ointment in eyes |

Q 13. Fill in the blanks with suitable words

- a. If the baby's birth weight is less than 2500 grams the baby is called \_\_\_\_\_
- b. If the baby is gasping at birth the baby is \_\_\_\_\_
- c. \_\_\_\_\_ units of Vitamin K injection is given to the newborn

Q 14. Write true or false

- a. If the mother feels that she has less milk she should stop feeding the baby \_\_\_\_\_
- b. When the bag of waters break and the fluid is thick and green or yellow the baby may be asphyxiated \_\_\_\_\_
- c. Do not visit the baby in the second month if the baby's weight is less than 2 kg. 300 grams on the 28<sup>th</sup> day. \_\_\_\_\_

Q 15. For all the following LMPs write EDD and Preterm cut off date

| LMP             | EDD | Preterm cut off date |
|-----------------|-----|----------------------|
| 1. 9 April 2006 |     |                      |
| 2. 17 July 2005 |     |                      |
| 3. 21 June 2006 |     |                      |
| 4. 18 May 2006  |     |                      |

Q 16. For each of the following birth times write what will be the time at 30 seconds and 5 minutes after birth.

| Birth time  | Time at 30 seconds after birth time | Time at 5 minutes after birth time |
|-------------|-------------------------------------|------------------------------------|
| 1. 06:41:15 |                                     |                                    |
| 2. 04:18:20 |                                     |                                    |
| 3. 01:50:25 |                                     |                                    |
| 4. 02:15:10 |                                     |                                    |