
Module 16 : Final Steps in the Training for Newborn Care

Session 4 : Review of mother-newborn records

Day : 2

Time Required : 2 hours

Purpose

ASHAs have practiced using various newborn records provided in the Pregnancy form booklet, Mother and Newborn form booklet, Supplementary form booklet, Booklet of handouts for parents etc. In this session of the last training workshop all these and many more records will be reviewed to get rid of confusion if any in the minds of ASHAs.

Objectives

At the end of the session the ASHA will be able to

1. Correctly use all the records to effectively provide services to mother and newborn.
2. State sequence of her activities during home visit.

Materials

- Pregnancy form booklet
- Workbook 1
- Mother and Newborn Forms (Delivery form, First examination of the newborn form, Home visit form, Newborn health care evaluation form, Diagnosis and management summary)
- Supplementary Forms Booklet (including Home visit form for high risk babies, Home visit form for second month, Breastfeeding problem management form, Hypothermia management form, Sepsis management form)
- Booklet of Handouts for Parents (including Measures to be taken by mothers before and after baby's birth, High risk baby information sheet, Danger signals information sheet).
- Reading Material 1: Sequencing of ASHAs activities during home visit.
- Worksheet 1 : List of various situations.
- Referral card booklet : Referral card of mother and newborn
- Training Aid 1: Answers for Worksheet 1

Preparation

- Ensure availability of all the above forms and booklets. Ask ASHAs to bring the reading material for reference.

Training Methods

Presentation, Review and Discussion : (1 Hour 10 Minutes)

Instructions to Trainers :

1. Briefly explain that ASHAs are fully functional and actively caring for newborns, ASHAs need to record all the services provided to the newborn and mother.
2. Distribute one copy of Mother and Newborn Forms (Delivery form, First examination of the newborn form, Home visit form, Newborn health care evaluation form, Diagnosis and management summary) to each trainee.

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3. Start with the Pregnancy form and tell ASHAs that there are no changes in the form.
 4. Ask ASHAs to compare the Delivery form in the workbook with the one in the Mother and Newborn Forms Booklet. Ask them to identify the additions in the delivery form provided in Mother and Newborn Form booklet. This is the one ASHAs are using now. Explain that in the initial training workshops, ASHAs were learning to attend deliveries and observe labour. Now ASHAs also know how to resuscitate a newborn if it is asphyxiated at birth. They now know that a baby can be normal or asphyxiated. If an asphyxiated baby cannot be resuscitated, it is termed as a “Still birth”.

Examples :

- In item 9b, three options are given – Normal / Asphyxiated / Macerated still birth.
In item 9c, if a baby is resuscitated at birth it should be recorded.
 - Item 9d is about the outcome of resuscitation - Alive or Still birth
5. Review the First Examination of the Newborn : Form Part 1.
 - In item 6, a suggestion about managing breastfeeding problems has been included. ASHAs have learnt the management of breastfeeding problems. Whether management was done or not needs to be mentioned in item 6.

Now review Part 2 of the form.

- In item 1, ASHA has to write temperature of newborn. If temperature is less than 97° F (36.1° C) ASHA should take steps to re-warm the baby.
 - In item 5, ASHAs are to record whether baby's all limbs are limp, cry weak or stopped, and feeding is less or has stopped.
 - After item 5 is a big box for diagnosis and management of high risk babies. ASHAs have been providing care to such babies, and now they have enough practice. Trainers read each item in the box and explain it to ASHAs .
6. Similarly review the Home Visit Form. The new form provides information to ASHAs for their actions. Review all actions one by one. Ask ASHAs if they have any questions. Give adequate time for discussion. In the sepsis diagnosis part, the information on day 1 is to be copied from First Examination of Newborn Form. Explain to ASHAs that the home visit form gets completed at the 42nd day visit. ASHA should keep this form with her till baby completes 2 months and if baby has any problem and ASHA is called she should treat the baby as per guidelines and record her visit in this form in the column of other day.
 7. In the Mother and Newborn Form, review the Newborn Health Care Evaluation Form at the end. Review all the items one by one. The ASHA fills in this form for each mother-newborn pair that she had taken care of. This form should be completed immediately after the newborn care is completed on 42nd day. Read out each question aloud and give examples to make sure that ASHAs know the answers. This form is checked by the supervisor, and in those projects where ASHAs are paid based on performance, the form is used to determine the ASHA's incentive linked payment. All the information needed to fill this form is available in the Newborn form.
 8. The other forms are provided in the Supplementary Forms Booklet. These are Home Visit Form for High Risk Baby, Home Visit Form for Second Month, Breastfeeding Problem Management Form, Hypothermia Management Form, & Sepsis Management Form.

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9. Let the ASHAs refer to the booklet on Handouts for Parents. There are three types of handouts in this booklet:

- i. Measures to be taken by mothers before and after baby's birth (given to all pregnant women in the 7th month visit)
- ii. Danger signs information sheet. Review the contents.
- iii. High risk baby information sheet (given to parents of high risk babies)

Explain that the first handout is given to pregnant women in 7th month and the second is given on the 2nd day after delivery when the ASHA comes to check the baby and give health education to the mother and family. During each visit to the newborn, ASHAs should go over the danger signs with parents. The third handout is given on the 2nd day only to the family of the high risk baby. ASHA should explain the information in the handout to parents.

10. Ask ASHAs to refer to the "Sequencing of ASHA's Activities During Home Visit" provided in the Reading Material: 1. Earlier, ASHAs had been given another list in their reading material. Now that they have started providing full care, the list has been revised. Review all the items on the list one by one with ASHAs and clarify doubts, if any.
11. Review the form Diagnosis and Management Summary. Explain that this information is to be obtained from the forms already filled for each newborn and mother. Go through the items one by one and ask ASHAs on which forms the information is available. Allow them to refer to the forms and give their answers. Although the information in the form is to be filled in by the supervisors, ASHAs should also understand the form.
12. Ask ASHAs what are the different lists, forms and handouts used in providing home based newborn care. Prepare a list on black board, with the help of ASHAs. The list should include the following:
13. Ask ASHAs to look at the referral slip. This was discussed in the previous session only. Ask if they have any problem?

Registers :

1. List of all women in the village who are eligible to become pregnant
2. List of pregnant women

Pregnancy forms booklet :

1. Pregnancy forms

Home-Based Mother and Newborn Care record :

1. Delivery Form
2. First Examination of Newborn Form
3. Home Visit Form
4. Newborn Health Care Evaluation Form
5. Diagnosis and Management Summary

Supplementary form booklet :

1. Home Visit Form - high risk babies
2. Home Visit Form - second month visit
3. Breastfeeding Problem Management form

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4. Hypothermia Management Form
 5. Neonatal Sepsis Management Form

Handouts for parents :

1. Measures to be taken by mothers before and after baby's birth
2. Danger signals information sheet
3. High risk baby information sheet

Referral Card :

1. For newborn
2. For mother

Group Exercise (40 Min)

1. Divide ASHAs into groups of 5.
2. Let them sit in groups with each ASHA carrying her complete set of registers, forms, handouts and referral card.
3. Give the Worksheet 1 : List of various situations, one to each group.
4. The group should take one situation at a time from the worksheet for discussion.
5. Each ASHA in the group should identify the appropriate form to be used for each situation listed in the worksheet
6. The group should discuss and write the correct answer on the worksheet.
7. The trainer circulates and helps groups if they have a problems.

Summary (10 Min)

- Ask ASHAs to review the main points highlighted in the session.
- Make corrections if any and add missed information.
- Praise ASHAs for their good work.

Evaluation of the session

Objective	Assessment Method	Output
Correctly use all the records to effectively provide services to mother and newborn	The group exercise.	The Worksheet 1 completed by each group.