

Module 2 : Working in the Community and Home-visiting During Pregnancy

Session 13 : Field practice and use of the Pregnancy Form

Day : 4

Time Required : 3 hours and 45 minutes field work; 1 hour and 15 minutes review in session

Purpose

To provide hands-on experience to ASHAs in carrying out surveys to prepare list of women who are eligible to become pregnant, list of pregnant women, and registering and screening during the period of pregnancy.

Objectives

At the end of the session the ASHA will be able to:

1. Demonstrate basic communication skills while talking to community women in their homes.
2. Prepare the 'List of all women in the village who are eligible to become pregnant'.
3. Prepare the 'List of pregnant women'.
4. Demonstrate the basic use of the Pregnancy Form when registering pregnant women and during visits at the beginning of 8th and 9th months.

Materials

Complete set of following records for all trainees:

- Worksheet 1 : 'List of all women in the village who are eligible to become pregnant'
- Worksheet 2 : 'List of pregnant women'
- Worksheet 3 : Pregnancy Form (Parts 1 and 2)
- Communication Guide (Provided in Reading Material) to be used when observing the communication skills of the ASHA during her work in the community)

Preparation

- Trainer informs about the timing of the visit to the community in advance and solicits their cooperation.
- Trainer chooses appropriate homes (at least one home with a pregnant woman) for visits, so that the trainees get practice in using all the forms.
- Trainer organises that no one group again visits a home which has already been visited earlier.

Training Methods

Field Practice (3 hours 45 minutes)

Instructions to Trainers :

1. Divide trainees into groups (of 4-5 per group). Each group to visit five homes.
2. Clearly explain what the trainees are expected to do in the field (training objectives for this session):
 - Interview women using good communication skills.
 - Start working on 'List of all women in the village who are eligible to become pregnant'.
 - Start working on 'List of pregnant women'.
 - Practice working with the Pregnancy Form – registering pregnant women and screening in the beginning of 8th and 9th months.

3. Explain that this field work will be different than that in their home communities because back home they will probably already know all the women.
4. Be sure to be present in the village during the field work to support trainees, if needed, and solve problems which may arise.
5. Ask one trainee to take the lead in interviewing one household (all trainees will get a chance to do so). Other trainees fill in their records based on the woman's responses.

Small Group Discussion : The field work experience (20 minutes)

Instructions to Trainers :

1. Have each group meet separately to discuss their field experience around the following issues:
 - How they felt talking to village women and explaining their role
 - Feedback from trainees in group on how well the interviewer communicated
 - Ability to fill in forms
 - Difficulties faced
2. Choose a person who will report to the larger group.

Large Group Discussion : The field work experience (50 minutes)

Instructions to Trainers :

1. Facilitate a discussion of the whole group.
2. Have each group report the summary of their experience.
3. Lead a discussion focusing on how to solve problems.

Summary (5 minutes)

- Ask the trainees to summarise their field experiences.
- Add to the summary and connect the experiences to the learning objectives.
- Based on experiences in the field, highlight areas that need more attention.
- Make corrections if any and add missing information.
- Praise the ASHAs for their good work.

Evaluation of the session

Objectives	Assessment Method	Output
Demonstrate basic communication skills while talking to community women in their homes.	Field practice. Observation (using Communication Guide as reference) by fellow trainees during home visits.	--
Prepare the 'List of all women who are eligible to become pregnant'.	Field practice / review of list	Lists of eligible pregnant women prepared by all ASHAs
Prepare the 'List of pregnant women'	Field practice / review of list	Lists of pregnant women prepared by all ASHAs
Demonstrate the basic use of the Pregnancy Form when registering pregnant women and during visits at the beginning of 8 th and 9 th months.	Field practice / review of list	The pregnancy forms filled by all ASHAs