

Module 2 : Working in the Community and Home-visiting During Pregnancy

Session 15 : Qualities of an ideal ASHA

Day : 4

Time Required : 1 hour

Purpose

To increase the ASHA's understanding about having a positive attitude and behavior, as well as thorough knowledge of the role and skills necessary to perform well. The ASHA's attitude toward serving people in the community, her motivation to help, and to learn, are amongst the several qualities that need to be inculcated.

Objectives

At the end of the session the ASHA will be able to:

1. List the qualities an ASHA must possess in order to excel in carrying out her role.
2. Explain why these qualities are important for implementing HBNCC.
3. Demonstrate some of these qualities.

Materials

- Blackboard or white chart paper
- Flip board for display of flipcharts.
- Coloured markers or chalk
- Training Aid 1 : Story to Inspire ASHAs

Preparation

- The trainer should read through the Story to Inspire ASHAs (Training Aid 1) and practice narrating the story with emotion until he or she can do it without having to read it. If the program manager will be telling the story, he must prepare in the same manner.

Training Methods

Story Telling (10 minutes)

Instructions to Trainers :

1. Tell the story given in the Training Aid 1. Make sure not to read the story but to narrate it with emotion.
2. After this, ask the ASHAs what qualities were exhibited by the ASHA in the story. Write these on the blackboard or white paper.

Large Group Discussion (10 minutes)

Instructions to Trainers :

1. Lead a discussion asking: "Imagine that you are a mother in your community. What qualities would you want the ASHA, who is caring for you and your baby, to have?"
2. List on the blackboard all the qualities mentioned that were not already covered in the story telling exercise. Review each quality, delete some, add others, and group some together, until you have a list which is acceptable to everyone.

3. Ask the ASHAs to copy the list in their notebooks. As the training progresses, they will be expected to revisit this list to check how they are maturing as ASHAs. (This list will be referred to in subsequent sessions).
4. Write the qualities on one side of the blackboard, and against each one, the opposite quality (e.g., kind, cruel).

Role Play (30 minutes)

Instructions to Trainers :

1. Ask for two volunteers. Have them perform two role plays; one showing a positive quality, and the other a negative quality.
2. Discuss the role play; make sure the performers also mention how they felt while receiving and giving such attitude / behavior.
3. Time permitting, continue for 2-3 more role plays.
4. Tell ASHAs that these attitudes manifest themselves in our daily behaviour as well. They should learn to be aware of and observe their own behaviour.

Summary (5 minutes)

- Have a trainee name qualities needed for an ASHA to perform her job well.
- Have another trainee explain why these qualities are important to the success of HBNC.
- Make corrections if any and add missing information.
- Praise the ASHAs for their good work.

Evaluation of the session (5 minutes)

Objectives	Assessment Method	Output
List the qualities an ASHA must possess in order to excel in carrying out her role	Observe role plays	Each ASHA has the list of qualities she should possess to carry out her role
Explain why these qualities are important for implementing HBNC; demonstrate some of the qualities.	Role play and Summary discussion.	Trainers prepare a record of observations of the role plays. Specifically mention the qualities which ASHAs had problem in demonstrating through role play