

Module 3 : Observing Labour and the Newborn at Birth

Session 6 : Labour and birth: Completing the Delivery Form : (items 1 to 8)

Day : 1

Time Required : 1 hour

Purpose

To enable the ASHA to complete the 1st part (items 1-8) of the Delivery Form during labour and birth.

Objective

At the end of the session the ASHA will be able to :

1. Observe labour and birth and complete the Delivery Form (items 1 to 8).

Materials

- Worksheet 1 : Delivery Form : (items 1-8).
- Training Aid 1 : Case Presentation.

Preparation

- Ensure availability of adequate copies of Worksheet 1, depending on the number of trainees.

Training Methods

Presentation: Delivery Form: (Items 1 to 8) (35 minutes)

Instructions to Trainers :

1. Distribute the Delivery Form to each trainee.
2. Go through each question one by one, up to and including Item 8 ; check if they know what each term means and clarify or explain (as per Content Box) as needed.

Content Box :

Most items of the form are discussed below. Those that simply ask for non-medical information, (such as, “when did ASHA arrive in woman’s home”) are not explained here.

- **Time when the mild labour pain starts:** This refers to the period when mild labour pains start coming at regular intervals (about 5 minutes apart). Women often ignore these pains initially or think they are abdominal cramps. It is important that women notice this onset of pain early and inform the ASHA.
- **Who conducted the delivery?** Circle the category of person who delivered the baby and write name.
- **Part of baby’s body coming out first:** The head is the most common part which emerges first when the baby is being delivered; any other part emerging first is considered **abnormal**. Choices on the form are: head / cord / other. Hand, shoulder, leg, etc., are covered under “other”.
- **Breaking of the Bag of waters (or membrane), and the colour of amniotic fluid :** A bag filled with fluid (also called membrane or *mutondi*¹) surrounds the baby. Normally, the membrane breaks during labour, or just before delivery.

The fluid released when the bag breaks can have different colours; green, red, yellow, or white

¹ mutondi¹ : This is a local term used in Gadchiroli. Trainer should replace this with the local term.

(clear). Mark the colour which appears closest to what you observe. If the fluid is clear there is no problem. If the fluid is thick and green / yellow, clean the mouth cavity of baby with a gauze piece immediately after the head comes out. If the fluid is red or white (clear), it is not written on the form.

- **Time of birth:** The time of birth is when the entire baby comes out of the mother. Write the date and time. Also circle whether it was early morning / morning / afternoon / evening / night. Record the time of birth in hours, minutes and seconds. While recording time first write seconds, then minutes, and finally, hours.
- **Action :** As soon as the baby is out dry the baby, keep it warm and start exclusive breastfeeding. Mention on form whether these actions were performed.

Presentation : Referring the mother during delivery

Instructions to Trainers :

1. Ask the ASHAs to see the items at 2 in the Delivery form. It mentions the condition which calls for an immediate referral during delivery. In such a situation, if immediate medical help is not obtained, it might prove fatal for the mother and the baby. See the content box below.

Content Box :

	Danger sign	Was mother shifted to hospital
1. Delivery does not occur within 24 hrs of the onset of mild labour pain	Yes / No	Yes / No
2. Any part of baby other than head comes out first	Yes / No	Yes / No
3. Mother is having excessive bleeding	Yes / No	Yes / No
4. Placenta is not delivered within 30 min.	Yes / No	Yes / No
5. Mother is unconscious or is getting fits.	Yes / No	Yes / No

2. Record on the form if any of the above 5 conditions were observed during delivery. Also record whether mother was shifted to hospital.

Practice : Filling the Form using Case Presentation (20 minutes)

Instructions to Trainers :

1. Read out the case presentation and have the ASHA record on the Delivery Form.
2. Have each ASHA fill in her copy of the first part (Items 1-8) of the Delivery Form.
3. After 15 minutes, begin a discussion & review to see if the forms have been filled in correctly.
4. Check for problems & clarify doubts, if any.

Summary (5 minutes)

- Have trainees explain: bag of waters, parts of baby coming out first.
- Review how to record time of birth to nearest minute.
- Make corrections if any and add missing information.
- Praise the ASHAs for their good work.

Evaluation of the session (during class)

Objective	Assessment Method	Output
Observe labour and birth and complete the Delivery Form : (Items 1 to 8).	Each trainee fills in the Delivery Form correctly based on case presentation	The delivery forms filled by ASHA based on case presentation